

Agenda at a Glance

TOMA
MIDWINTER
 CONFERENCE 2026
 CELEBRATING

 Honoring our Legacy, Empowering our Future

Friday, Feb. 27

Time	Topic	Speaker
8:45–9:45 AM	The Vape Store and More: Understanding the Legal Products Damaging the Mental Health of Your Patients	Dr. Helene Alphonso
9:55–10:55 AM	Resistant Hypertension and Hypertensive Urgency	Dr. Anush Pillai
11:00 AM–12:00 PM	Updates in Primary Care: Congestive Heart Failure Diagnosis and Management	Drs. Krishna Kapoor, Tagbo Charles Nduka, Luis Santiago Ortiz
1:10–2:10 PM	Restoring Function in an Equestrian Athlete Through Osteopathic Manipulative Medicine: A Case Report	Ms. Dinah Arafah, Dr. Carol Browne
2:20–3:20 PM	Addiction: Recognition and Treatment	Dr. Shawn Williams
3:35–4:35 PM	Hospice and Palliative Care: Fact vs Fiction	Dr. Martha Danhof
4:45–5:45 PM	Reproductive Health Essentials for Osteopathic Clinicians: Practical Tools for Primary Care	Dr. Paul Zarutskie
Time	Topic	Speaker
7:50–9:50 AM	Clinical Applications of Artificial Intelligence: Decision Support, Remote Monitoring and Human-Centered Care Models	Drs. Rangaprasad Sarangarajan, Simon Koch, Vinoth Sittaramane, Xuewei Chen
10:00–11:00 AM	Cognitive Bias and Other Threats to the Pillars of Medical Ethics and Patient Safety (Ethics/Risk)	Dr. David Garza
10:00–11:00 AM	The Osteopathic Elevator Pitch (Student/Resident Track)	Dr. Carole Browne
2:10–3:10 PM	The Use of Osteopathic Manual Medicine for Persons With Disabilities	Dr. Ava Stanczak
2:10–3:10 PM	TBD	TBD
3:30–4:30 PM	Bridging Care Gaps: Growing Confidence in Primary Care Psychiatry	Drs. Kathryn Potter and Karen Nelson
3:30–4:30 PM	How to Succeed in a Clerkship (Student/Resident Track)	Dr. Ava Stanczak
Time	Topic	Speaker
8:00–9:00 AM	Updates in Primary Care: Vascular Disease Management	Drs. Brooke Fitch, Adwoa Agyei, Zuhair Afsar, Yasemin Polat, Sanum Kham
9:10–10:10 AM	All About Adult ADHD	Dr. Rohini Mehta
10:20–11:20 AM	#Health: The Physician's Guide to Social Media Medicine	Dr. Janet Gregory
12:40–1:40 PM	Using Bioethical Principles to Navigate the Texas Advance Directive Act	Dr. Maria Botero
1:45–2:45 PM	The Evolution of the Current Treatment for Open Neural Tube Defects	Dr. Stephen Fletcher

Saturday, Feb. 28

Sunday, March 1

Times, topics and speakers are subject to change.