



TOMA

Texas Osteopathic Medical Association

18TH ANNUAL CONVENTION

ADVANCING OSTEOPATHIC MEDICINE IN TEXAS



in partnership with TXACOFP

AUGUST 7-8, 2026

FORT WORTH, TX

UNT HEALTH (TCOM)



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Accreditation

The Texas Osteopathic Medical Association is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The Texas Osteopathic Medical Association designates this program for a maximum of 15 AOA Category 1-A CME credits, including 1 hour of Ethics/Risk Management credit and will report CME commensurate with the extent of the physician's participation in this activity.

Thank You

We are incredibly grateful to UNT Health Fort Worth for hosting our Annual Convention and to Texas ACOFP for its valued partnership. We also extend special thanks to our sponsors—TMF, Dean Jacobson Financial Services, SVMIC, and Ultimate Bariatrics—for their longstanding and generous support.

IN-PERSON *Agenda-at-a-Glance*

FRIDAY, AUGUST 7

6:00 PM - 8:00 PM

Welcome Reception

Winslow's

4101 Camp Bowie Blvd, Fort Worth, TX 76107

SATURDAY, AUGUST 8

7:00 AM - 8:00 AM | Breakfast + Registration Open

8:00 AM - 9:00 AM

It's More Than Varicose Veins: The Many Faces of Venous Reflux Disease

Thomas Eric Eidson, DO

9:00 AM - 10:00 AM

Joint Venture

Malinda Hansen, DO, MS, CAQSM

10:00 AM - 10:15 AM | Refreshment Break

10:15 AM - 11:15 AM

Face Off: How to Distinguish Common Dermatological Conditions on The Face

Jamie Hedrick, DO, MBA, MS; Kelly Maedo, MD

11:15 AM - 12:45 PM | Awards Luncheon

12:45 PM - 1:45 PM

Dealing with Difficult Patients

Dan Ballard, JD

1:45 PM - 2:45 PM

Primary Care: Diagnostic Testing & Treatment Strategies for Alzheimer's Dementia

David Mason, DO, MBA

2:45 PM - 3:00 PM | Refreshment Break

3:00 PM - 4:00 PM

Early Clues to Neurodivergency and Autism

Ava Stanczak, DO, FACOP

4:00 PM - 5:00 PM

From Weight Loss to Better Sleep: Understanding the Role of GLP-1 Receptor Agonists in Obstructive Sleep Apnea

Khanh Truong, DO

5:00 PM - 6:00 PM

Mammo Matters: Screenings Save Lives

Yasemin Polat, DO, MBA; Camryn Middleton, DO

IN-PERSON *Session Descriptions*

It's More Than Varicose Veins: The Many Faces of Venous Reflux Disease

Thomas Eric Eidson, DO

This session explores venous reflux disease (venous insufficiency), a common but often overlooked condition affecting millions of Americans. Participants will review symptoms, prevalence, quality-of-life impact and why vein disease extends beyond cosmetic concerns. The session will also cover modern office-based diagnostic and treatment options that avoid traditional vein stripping and hospital-based surgery.

Joint Venture

Malinda Hansen, DO, MS, CAQSM

This session examines common musculoskeletal compensation patterns involving the neck, shoulder, spine, hip and lower extremity. Participants will learn how mechanical connections can narrow the differential diagnosis, improve physical examination and identify the joint of origin. Attendees will also review when imaging, physical therapy or referral is appropriate for common MSK conditions.

Face Off: How to Distinguish Common Dermatological Conditions on the Face

Jamie Hedrick, DO, MBA, MS and Kelly Maedo, MD

This session will provide a practical roadmap for evaluating common cutaneous conditions of the face. Participants will review the presentation and management of acne vulgaris, seborrheic dermatitis, rosacea, eyelid dermatitis and perioral dermatitis, with attention to features that help distinguish these conditions from one another. The discussion will include initial treatment approaches, signs that may indicate the need to adjust management and guidance on when referral to dermatology is appropriate. Attendees will also learn to recognize facial dermatologic findings that may be more urgent or suggest potential systemic implications, helping support timely diagnosis, appropriate care and improved patient counseling.

Dealing with Difficult Patients

Dan Ballard, JD

This session explores legal and risk management challenges associated with difficult patient encounters. Participants will learn strategies for effective communication, documentation and de-escalation while reviewing behaviors that increase liability risk. The discussion will focus on protecting the provider-patient relationship while reducing legal exposure.

Primary Care Update: Diagnostic Testing and Treatment Strategies for Alzheimer's Dementia

David Mason, DO, MBA

This primary care update reviews the evaluation and management of Alzheimer's disease. Participants will explore memory loss assessment, screening tools, laboratory testing, imaging and important differential diagnoses. The session will also discuss available diagnostic tests, patient counseling and new and emerging treatment options.

Early Clues to Neurodivergency and Autism

Ava Stanczak, DO, FACOP

This session reviews early signs of neurodivergency and autism across childhood and adolescence. Participants will examine age-, gender- and development-specific presentations, including masking and delayed diagnosis. The discussion will cover developmental red flags, screening limitations, evaluation strategies and communication with families to support timely intervention.

From Weight Loss to Better Sleep: Understanding the Role of GLP-1 Receptor Agonists in Obstructive Sleep Apnea

Khanh Truong, DO

This session examines the relationship between obesity and obstructive sleep apnea and the emerging role of GLP-1 receptor agonists in treatment. Participants will review OSA pathophysiology, current clinical evidence, patient selection and the impact of these therapies on apnea severity, cardiometabolic risk and overall outcomes within a multidisciplinary care plan.

Mammo Matters: Screenings Save Lives

Yasemin Polat, DO, MBA and Camryn Middleton, DO

This session focuses on improving breast cancer screening conversations and supporting patients through the screening process. Participants will review current screening guidelines, breast density, risk discussions and common barriers to screening. Attendees will also learn strategies for explaining mammogram results, answering patient questions and promoting timely, patient-centered care.

REMINDER: If you are unable to attend any in person session, all sessions are being recorded and will be made available on demand Aug. 13–Sept. 27. To earn the full 15 CME hours, attendees must watch at least 75% of all sessions and complete evaluations by Sept. 27.

AI in Healthcare: Practical Integration for the Osteopathic Physician

Vinoth Sittaramane, Ph.D.; Olcay Kursun, Ph.D.; Simon Koch, Ph.D.; Owen Kelly, Ph.D., RNutr; Xuewei Chen, Ph.D., MCHES; Ravi David Yarid, DO; Damian Chiandussi, MD

Common Pediatric Musculoskeletal Disorders

Townes Leigh, Jr., DO, CAQSM, FAAFP, FAOASM

Patient Safety: Have We Made an Impact?

Albert Yurvati, DO, PhD, DSc

Rats! Hantavirus and Other Rodent-Borne Diseases

Robert Allen, DO

Suicide in Later Life

Lesca Hadley, MD and Ms. Theresa Murphy, LCSW-S, Syeda Mustafa, DO; Makayla Bradbury, DO

The Rule of the Artery Is Supreme: First Postulate of A.T. Still

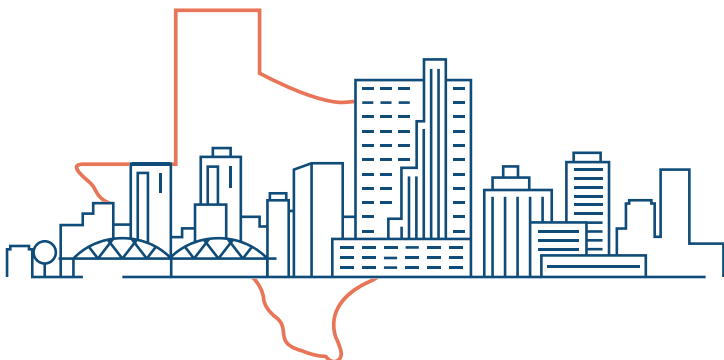
Daryl Callahan, DO, FACOFP

What if We Were Wrong About ADHD: Examining the Sustainability of Stimulants for Life

Helene Alphonso, DO

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Thank You!

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