



Friday, 2/28

Time	Speaker	Topic
9:00 – 10:00 a.m.	Col. John Hermann	Adding the AOPA Basic Medical Evaluation for the Pilots in your Practice
10:00 – 11:00 a.m.	Justin Wileman, DO	Update in Ophthalmology
11:30 a.m. – 12:30 p.m.	Malinda Hansen, DO	The Triad...It's Not Just for Ladies Anymore (Relative Energy Deficiency in Sport - REDS)
2:00 – 3:00 p.m.	Monte Mitchell, DO, JD, MS, MTS & David Dellinger, DO, FACOS	Male Enhancement: Is Bigger Better?
3:00 – 4:00 p.m.	Khanh Truong, DO	Management of Insomnia in Primary Care Setting
4:30 – 5:30 p.m.	Robert Allen, DO	Tuberculosis: It's Still Here
5:30 – 7:00 p.m.	Mix & Mingle Reception	Skyline Foyer, 2nd Floor

Saturday, 3/1

Time	Speaker	Topic
8:00 – 9:00 a.m.	Heather Aguirre, DO & Denise Nemeth, OMS IV	Wound Care 101 for the Primary Care and Rural Physician: Basics, Best Practices and When to Refer
9:00 – 10:00 a.m.	Anita Gupta, DO, MPP, PharmD, FASA	Pain Management & Opioids: A Patient-Centered Approach
10:00 – 11:30 a.m.	Live Student/Resident Poster Competition	Carroll Ballroom, 1st Floor
11:30 a.m. – 1:00 p.m.	TOMA Business Meeting & Luncheon	Skyline Ballroom, 2nd Floor
1:15 – 2:15 p.m.	TBA	TBA
2:15 – 3:15 p.m.	Jeff McDonald, JD & Jon Porter, JD	Update, the Latest Rule Changes by the Texas Medical Board
3:45 – 4:45 p.m.	Thomas E. Eidson, DO, RPVI	It's NOT Cosmetic - Skin Changes, 'Cellulitis', and Venous Ulcers in Venous Reflux Disease
4:45 – 5:45 p.m.	Helene Alphonso, DO	Psychiatry Made Simple: What to Do When a Psych Referral is Months Away
5:45 – 7:30 p.m.	Saturday Night Celebration	Skyline Foyer, 2nd Floor

Sunday, 3/2

Time	Speaker	Topic
8:00 – 9:00 a.m.	Townes Leigh, DO, CAQSM, FAAFP	Degenerative Disc Disease and Lumbar Spinal Stenosis
9:00 – 10:00 a.m.	Carol Browne, DO, FACOFP	Revisiting Spencer's Technique
10:15 – 11:15 a.m.	Tina Bernard, EdD	Clinical Cadence
11:15 a.m. – 12:15 p.m.	Albert Yurvati, DO, PhD, DSc(hc)	Xiphoidalgia Update
1:00 – 2:00 p.m.	TBA	TBA
2:00 – 3:00 p.m.	Daryl Callahan, DO	A.T. Still and a Brotherhood of Civil War Veterans